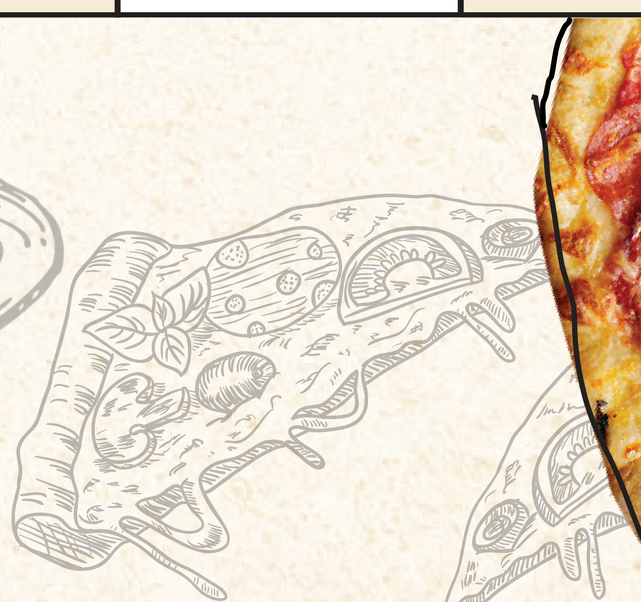
ASHLAND UNIVERSITY

MENU GAZETTE

Menu subject to change due to product availability | Dairy Free and Gluten Free served at Salubrious

Sunday, Aug. 30 thru Saturday, Sept. 5 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	**BREAKFAST**	**BREAKFAST**	**BREAKFAST**	**BREAKFAST**	**BREAKFAST**	**BREAKFAST**
CLOSED	Eggs to Order Sausage Gravy & Biscuits Quiche Lorraine Maple Sausage Links Hashbrowns Oatmeal and Pancakes Breakfast Sandwiches	Eggs to Order Sausage Gravy & Biscuits Cheddar Jack & Sausage Quiche Sausage Patties Tater Tots Oatmeal and Pancakes Breakfast Sandwiches	Eggs to Order Sausage Gravy & Biscuits Ham, Cheddar & Swiss Quiche Hardwood Smoked Bacon Seasoned Cubed Hash Browns Oatmeal and Pancakes Breakfast Sandwiches	Eggs To Order Sausage Gravy & Biscuits Three Cheese Quiche Sausage Patties Roundabouts Oatmeal and Pancakes Breakfast Sandwiches	Eggs to Order Sausage Gravy & Biscuits Bacon & Cheddar Quiche Sausage Links Potato Triangles Oatmeal and Pancakes Breakfast Sandwiches	**Breakfast Bar** **8:30 A.M.**
LUNCH	**LUNCH**	**LUNCH**	**LUNCH**	**LUNCH**	**LUNCH**	**LUNCH**
Daily Special Homemade Waffles Assorted Toppings **Eggs'actly** Farm Fresh Eggs, Over Easy, Scrambled, Omelets, or Upside Down **Salubrious** Honey & Brown Sugar Pit Ham Blackened Chicken Herb Roasted Red Skins Julienne Vegetable Medley **Pastabilities** *Enjoy one of our many flavored pastas with your choice of toppings* **Pizza** Fresh Baked Pepperoni and Cheese Pizza **The 820 Claremont Deli** **The Grill Corner** Gourmet Swirled French Toast **Breakfast Bar**	**Today's Fresh Soup** Chicken Noodle **Daily Special** Walking Tacos **Eggs'actly** Farm Fresh Eggs, Over Easy, Scrambled, Omelets, or Upside Down **Salubrious** AU Rotisserie Chicken Lemon Pepper Cod Lemon & Herb Quinoa Steamed Broccoli Florets **Pastabilities** *Enjoy one of our many flavored pastas with your choice of toppings* **Pizza** Meat Lover's Pizza **The 820 Claremont Deli** **The Grill Corner** Mediterranean Chicken Pasta Sizzle Spinach & Artichoke Poppers Pita Chips **Yogurt Bar**	**Today's Fresh Soup** Beef Vegetable **Daily Special** Pasta Bake Italian Garden Salad Garlic Breadsticks **Eggs'actly** Farm Fresh Eggs, Over Easy, Scrambled, Omelets, or Upside Down **Salubrious** AU Rotisserie Chicken Oven Poached White Fish Salted Potatoes Steamed Cauliflower **Pastabilities** *Enjoy one of our many flavored pastas with your choice of toppings* **Pizza** Cool Veggie Pizza **The 820 Claremont Deli** **The Grill Corner** Steak Fajitas Spanish Rice **Yogurt Bar**	**Today's Fresh Soup** Chicken & Rice **Daily Special** Pork or Chicken BBQ Bowl White Cheddar Mac & Cheese French Fries **Eggs'actly** Farm Fresh Eggs, Over Easy, Scrambled, Omelets, or Upside Down **Salubrious** Ginger Rotisserie Chicken Coconut Rice Sautéed Snap Peas w/ Carrots **Pastabilities** *Enjoy one of our many flavored pastas with your choice of toppings* **Pizza** Cherry Crumb Pizza **The 820 Claremont Deli** **The Grill Corner** Hand-Breaded Chicken Tenders Crinkle Cut Fries **Yogurt Bar**	**Today's Fresh Soup** Loaded Baked Potato **Daily Special** Steak Salad **Eggs'actly** Farm Fresh Eggs, Over Easy, Scrambled, Omelets, or Upside Down **Salubrious** AU Rotisserie Chicken Sante Fe Red Potatoes Mixed Vegetables **Pastabilities** *Enjoy one of our many flavored pastas with your choice of toppings* **Pizza** Smoky Pulled Pork **The 820 Claremont Deli** **The Grill Corner** BBQ Brisket on a Brioche Bun Crisscut Fries **Yogurt Bar**	**Today's Fresh Soup** Tomato Smoky Cheddar Tomato Basil **Daily Special** Balsamic Chicken on a French Roll Italian Herb Chips **Eggs'actly** Farm Fresh Eggs, Over Easy, Scrambled, Omelets, or Upside Down **Salubrious** Greek Spiced Rotisserie Chicken Greek Lemon Rice Roasted Zucchini **Pastabilities** *Enjoy one of our many flavored pastas with your choice of toppings* **Pizza** Bald Eagle Pizza **The 820 Claremont Deli** **The Grill Corner** Grilled Cheese Sandwiches Fried Bologna & Swiss Sandwiches Onion Petals **Yogurt Bar**	**Today's Fresh Soup** Soup D'jour **Daily Special** Homemade Waffles Assorted Toppings **Eggs'actly** Farm Fresh Eggs, Over Easy, Scrambled, Omelets, or Upside Down **Salubrious** AU Rotisserie Chicken Baked Potatoes Honey Glazed Baby Carrots **Pastabilities** *Enjoy one of our many flavored pastas with your choice of toppings* **Pizza** Fresh Baked Pepperoni and Cheese Pizza **The 820 Claremont Deli** **The Grill Corner** Homemade Pancakes **Breakfast Bar**
DINNER	**DINNER**	**DINNER**	**DINNER**	**DINNER**	**DINNER**	**DINNER**
Daily Special Buffalo Chicken Salad **Salubrious** Mediterranean Sole Greek Lemon Potatoes Greek Green Beans **Pastabilities** *Enjoy one of our many flavored pastas with your choice of toppings* **Pizza** Fresh Baked Pepperoni and Cheese Pizza **The 820 Claremont Deli** **The Grill Corner** Grilled Cheese Breaded Chicken Fillet Sandwich Crinkle Cut Fries	**Today's Fresh Soup** Chicken Noodle **Daily Special** Oven Fried Chicken Thighs Roasted Garlic Parmesan Risotto Strawberry Balsamic Salad **Specialty Grill** Vegetation Station **Salubrious** Blackened Salmon Fillets Bayou Red Skin Potatoes Creole Spiked Green Beans **Pastabilities** *Enjoy one of our many flavored pastas with your choice of toppings* **Pizza** Meat Lover's Pizza **The 820 Claremont Deli** **The Grill Corner** Gourmet Ham & Swiss Sandwich French Fries	**Today's Fresh Soup** Beef Vegetable **Daily Special** Chicken Shawarma Za'atar Roasted Vegetables Lemon Herb Couscous Harissa **Specialty Grill** Vegetation Station **Salubrious** White Fish Portafina Steamed Baby Carrots Creole Green Beans **Pastabilities** *Enjoy one of our many flavored pastas with your choice of toppings* **Pizza** Everything Pizza **The 820 Claremont Deli** **The Grill Corner** Steak Quesadillas Spicy Sante Fe Red Skin Potatoes	**Today's Fresh Soup** Chicken & Rice **Daily Special** Chicken Parmesan Herb Roasted Garlic Pasta Garlic Breadsticks **Specialty Grill** Vegetation Station **Salubrious** Thai Grilled Chicken Thighs Coconut Rice Vegetable Stir Fry **Pastabilities** *Enjoy one of our many flavored pastas with your choice of toppings* **Pizza** Bacon & Three Cheese Pizza **The 820 Claremont Deli** **The Grill Corner** Philly Steak Sandwich Waffle Fries w/ Cheese Fries	**Today's Fresh Soup** Loaded Baked Potato **Daily Special** French Onion Meatloaf Country Whipped Potatoes Julienne Vegetable Medley **Specialty Grill** Vegetation Station **Salubrious** BBQ Chicken Breast Baked Sweet Potatoes Sweet Corn **Pastabilities** *Enjoy one of our many flavored pastas with your choice of toppings* **Pizza** Italian Sausage Pizza **The 820 Claremont Deli** **The Grill Corner** Grilled Teriyaki Pepper Steak with Yakisoba Noodles	**Today's Fresh Soup** Tomato Smoky Cheddar Tomato Basil **Specialty Grill** Wrap Zone **Salubrious** Roasted Garlic Chicken Salt & Herb Crusted Potatoes Cauliflower and Broccoli **Pastabilities** *Enjoy one of our many flavored pastas with your choice of toppings* **Pizza** Bald Eagle Pizza **The 820 Claremont Deli** **The Grill Corner** Patty Melt French Fries **Yogurt Bar**	**Today's Fresh Soup** Soup D'jour **Specialty Grill** Fried Chicken Dinner **Salubrious** Asian Rice Bowl **Pastabilities** *Enjoy one of our many flavored pastas with your choice of toppings* **Pizza** Fresh Baked Pepperoni and Cheese Pizza **The 820 Claremont Deli** **The Grill Corner** Hamburgers & Cheeseburgers Mozzarella Sticks