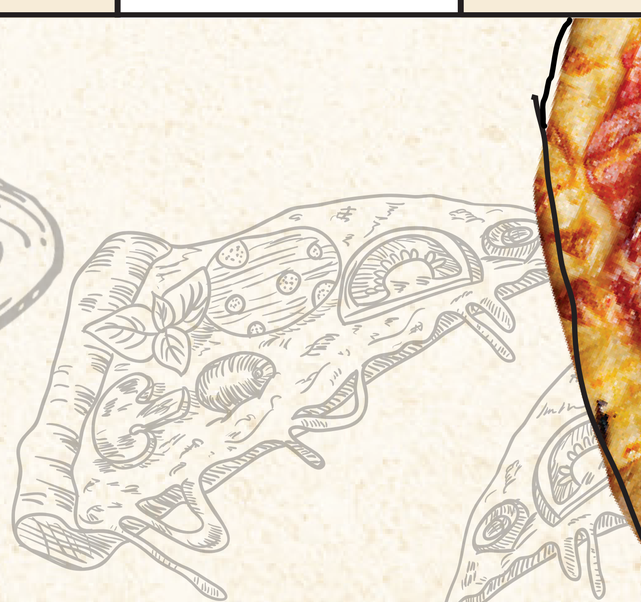
ASHLAND UNIVERSITY

MENU GAZETTE

Menu subject to change due to product availability | Dairy Free and Gluten Free served at Salubrious

Sunday, Sept. 13 thru Saturday, Sept. 19 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	**BREAKFAST**	**BREAKFAST**	**BREAKFAST**	**BREAKFAST**	**BREAKFAST**	**BREAKFAST**
CLOSED	Eggs to Order Sausage Gravy & Biscuits Quiche Lorraine Sausage Links Hashbrowns Oatmeal and Pancakes Breakfast Sandwiches	Eggs to Order Sausage Gravy & Biscuits Cheddar Jack & Sausage Quiche Sausage Patties Cheddar Rounds Oatmeal and Pancakes Breakfast Sandwiches	Eggs to Order Sausage Gravy & Biscuits Ham, Cheddar & Swiss Quiche Bacon Mini Potato Pancakes Oatmeal and Pancakes Breakfast Sandwiches	Eggs to Order Sausage Gravy & Biscuits Three Cheese Quiche Breakfast Ham Seasoned Hashbrown Cubes Oatmeal and Pancakes Breakfast Sandwiches	Eggs to Order Sausage Gravy & Biscuits Bacon & Cheddar Quiche Sausage Patties Potato Wedges Oatmeal and Pancakes Breakfast Sandwiches	**Breakfast Bar** **8:30 A.M.**
LUNCH	**LUNCH**	**LUNCH**	**LUNCH**	**LUNCH**	**LUNCH**	**LUNCH**
Daily Special Homemade Waffles with Assorted Toppings **Salubrious** Pork Loin Roast Steamed Red Skin Potatoes Baby Carrots w/ Chives **Pastabilities** *Enjoy one of our many pastas* **Pizza** Fresh Baked Pepperoni and Cheese Pizza **The 820 Claremont Deli** **The Grill Corner** Breakfast Tacos **Breakfast Bar**	**Today's Fresh Soup** Italian Wedding **Daily Special** General Tso's Chicken White Rice, Egg Rolls Sesame Broccoli **Eggs'actly** Farm Fresh Eggs, Over Easy, Scrambled, Omelets, or Upside Down **Salubrious** AU Rotisserie Chicken Sweet Potato Fries California Blend Vegetables **Pastabilities** *Enjoy one of our many pastas* **Pizza** Tijuana 2-Layer Pizza **The 820 Claremont Deli** **The Grill Corner** Hamburgers & Cheeseburgers Mushroom Swiss Burgers French Fries **Yogurt Bar**	**Today's Fresh Soup** Chicken Chorizo **Daily Special** Meatloaf Country Whipped Potatoes Sweet Corn **Eggs'actly** Farm Fresh Eggs, Over Easy, Scrambled, Omelets, or Upside Down **Salubrious** AU Rotisserie Chicken Vegetable Lo Mein Zesty Mediterranean Quinoa **Pastabilities** *Enjoy one of our many pastas* **Pizza** Chicken Fajita Pizza **The 820 Claremont Deli** **The Grill Corner** Grilled Chicken Sandwich w/ Gouda Crinkle Cut Fries **Yogurt Bar**	**Today's Fresh Soup** Zuppa Toscana **Daily Special** Chicken or Shrimp Caesar Salad Dinner Rolls **Eggs'actly** Farm Fresh Eggs, Over Easy, Scrambled, Omelets, or Upside Down **Salubrious** African Spiced Chicken Ginger Jasmine Rice Honey Glazed Carrots **Pastabilities** *Enjoy one of our many pastas* **Pizza** S'mores Pizza **The 820 Claremont Deli** **The Grill Corner** Philly Steak Sandwich Waffle Fries **Yogurt Bar**	**Today's Fresh Soup** Cheeseburger Chowder **Daily Special** Burritos Made Your Way **Eggs'actly** Farm Fresh Eggs, Over Easy, Scrambled, Omelets, or Upside Down **Salubrious** AU Rotisserie Chicken Bayou Red Skin Potatoes Steamed Cauliflower & Broccoli **Pastabilities** *Enjoy one of our many pastas* **Pizza** Holy Shiitake Pizza **The 820 Claremont Deli** **The Grill Corner** Chicken Stir-Fry Crab Rangoon **Yogurt Bar**	**Today's Fresh Soup** Tomato Smoky Cheddar Tomato Basil **Daily Special** Asian Rice Bowl **Eggs'actly** Farm Fresh Eggs, Over Easy, Scrambled, Omelets, or Upside Down **Salubrious** AU Rotisserie Chicken Salt & Vinegar Crispy Potatoes Steamed Peas **Pastabilities** *Enjoy one of our many pastas* **Pizza** Pretzel Pizza **The 820 Claremont Deli** **The Grill Corner** Grilled Cheese Sandwich Spinach & Artichoke Grilled Cheese Onion Petals **Yogurt Bar**	**Today's Fresh Soup** Soup D'jour **Daily Special** Homemade Waffles with Assorted Toppings **Salubrious** Greek Rice Bowl **Pastabilities** *Enjoy one of our many pastas* **Pizza** Fresh Baked Pepperoni and Cheese Pizza **The 820 Claremont Deli** **The Grill Corner** Homemade Pancakes **Breakfast Bar**
DINNER	**DINNER**	**DINNER**	**DINNER**	**DINNER**	**DINNER**	**DINNER**
Daily Special Chicken Noodle Bowl Peas & Carrots **Salubrious** Citrus Herb Baked Cod Tuscan Pork Loin Southwestern Rice Pilaf **Pastabilities** *Enjoy one of our many pastas* **Pizza** Fresh Baked Pepperoni and Cheese Pizza **The 820 Claremont Deli** **The Grill Corner** Hamburgers & Cheeseburgers Chicken Fillet Sandwich French Fries	**Today's Fresh Soup** Italian Wedding Soup **Daily Special** Smoked Polish Sausage Grilled Pierogies w/ Onions **Specialty Grill** Vegetation Station **Salubrious** Pot Roast Red Skin Potatoes & Vegetables **Pastabilities** *Enjoy one of our many pastas* **Pizza** Meat Lover's Pizza **The 820 Claremont Deli** **The Grill Corner** Cajun Chicken Tenders Dirty Rice Jalapeño Poppers	**Today's Fresh Soup** Chicken Chorizo **Daily Special** Chicken Bacon Wrap **Specialty Grill** Vegetation Station **Salubrious** Grilled Tuna Steaks AU Rotisserie Chicken Tuscan Rice Pilaf Green Beans w/ Julienne Carrots **Pastabilities** *Enjoy one of our many pastas* **Pizza** Chicago Style Deep Dish Pizza **The 820 Claremont Deli** **The Grill Corner** Sirloin Steak w/ Mushrooms & Onions Baked Potatoes	**Today's Fresh Soup** Zuppa Toscana **Daily Special** Braised Beef Marsala Cheese Tortellini **Specialty Grill** Vegetation Station **Salubrious** Blackened Chicken Jambalaya Rice Creole Spiked Green Beans **Pastabilities** *Enjoy one of our many pastas* **Pizza** Philly Steak Pizza **The 820 Claremont Deli** **The Grill Corner** Pulled Pork on a Maple Waffle Onion Rings	**Today's Fresh Soup** Cheeseburger Chowder **Daily Special** Kansas City Spareribs Baked Beans Coleslaw Pepper Jack Cornbread **Specialty Grill** Vegetation Station **Salubrious** AU Rotisserie Chicken Orange Roughy White Rice Mixed Vegetables **Pastabilities** *Enjoy one of our many pastas* **Pizza** Greek Chicken Pizza **The 820 Claremont Deli** **The Grill Corner** Chicken Fillet Sandwich French Fries	**Today's Fresh Soup** Tomato Smoky Cheddar Tomato Basil **Specialty Grill** Wrap Zone **Salubrious** AU Rotisserie Chicken Baked Sweet Potato Key West Blend Vegetables **Pastabilities** *Enjoy one of our many pastas* **Pizza** Pretzel Pizza **The 820 Claremont Deli** **The Grill Corner** Chicken Nuggets French Fries	**Today's Fresh Soup** Soup D'jour **Specialty Grill** Asian Rice Bowl **Salubrious** Citrus Rotisserie Chicken Parslied Red Skin Potatoes Sweet Corn **Pastabilities** *Enjoy one of our many pastas* **Pizza** Fresh Baked Pepperoni and Cheese Pizza **The 820 Claremont Deli** **The Grill Corner** Hamburgers & Cheeseburgers Mozzarella Sticks Week 3