

ASHLAND
UNIVERSITY

MENU GAZETTE

Menu subject to change due to product availability | Dairy Free and Gluten Free served at Salubrious

Sunday, Sept. 27 thru Saturday, Oct. 3 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
CLOSED	Eggs to Order Sausage Gravy & Biscuits Quiche Lorraine Maple Sausage Links Hashbrowns Oatmeal and Pancakes Breakfast Sandwiches	Eggs to Order Sausage Gravy & Biscuits Cheddar Jack & Sausage Quiche Sausage Patties Tater Tots Oatmeal and Pancakes Breakfast Sandwiches	Eggs to Order Sausage Gravy & Biscuits Ham, Cheddar & Swiss Quiche Hardwood Smoked Bacon Seasoned Cubed Hash Browns Oatmeal and Pancakes Breakfast Sandwiches	Eggs To Order Sausage Gravy & Biscuits Three Cheese Quiche Sausage Patties Roundabouts Oatmeal and Pancakes Breakfast Sandwiches	Eggs to Order Sausage Gravy & Biscuits Bacon & Cheddar Quiche Sausage Links Potato Triangles Oatmeal and Pancakes Breakfast Sandwiches	Breakfast Bar 8:30 A.M.
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Daily Special Homemade Waffles Assorted Toppings Eggs'actly Farm Fresh Eggs, Over Easy, Scrambled, Omelets, or Upside Down Salubrious Honey & Brown Sugar Pit Ham Blackened Chicken Herb Roasted Red Skins Julienne Vegetable Medley Pastabilities Enjoy one of our many pastas Pizza Fresh Baked Pepperoni and Cheese Pizza The 820 Claremont Deli The Grill Corner Gourmet Swirled French Toast Breakfast Bar	Today's Fresh Soup Chicken Noodle Daily Special Walking Tacos Eggs'actly Farm Fresh Eggs, Over Easy, Scrambled, Omelets, or Upside Down Salubrious AU Rotisserie Chicken Lemon Pepper Cod Lemon & Herb Quinoa Steamed Broccoli Florets Pastabilities Enjoy one of our many pastas Pizza Meat Lover's Pizza The 820 Claremont Deli The Grill Corner Mediterranean Chicken Pasta Sizzle Spinach & Artichoke Poppers Pita Chips Yogurt Bar	Today's Fresh Soup Beef Vegetable Daily Special Pasta Bake Italian Garden Salad Garlic Breadsticks Eggs'actly Farm Fresh Eggs, Over Easy, Scrambled, Omelets, or Upside Down Salubrious AU Rotisserie Chicken Oven Poached White Fish Salted Potatoes Steamed Cauliflower Pastabilities Enjoy one of our many pastas Pizza Cherry Crumb Pizza The 820 Claremont Deli The Grill Corner Steak Fajitas Spanish Rice Yogurt Bar	Today's Fresh Soup Chicken & Rice Daily Special Pork or Chicken BBQ Bowl White Cheddar Mac & Cheese French Fries Eggs'actly Farm Fresh Eggs, Over Easy, Scrambled, Omelets, or Upside Down Salubrious Ginger Rotisserie Chicken Coconut Rice Sautéed Snap Peas w/ Carrots Pastabilities Enjoy one of our many pastas Pizza Fruit Pizza The 820 Claremont Deli The Grill Corner Hand-Breaded Chicken Tenders Crinkle Cut Fries Yogurt Bar	Today's Fresh Soup Loaded Baked Potato Daily Special Steak Salad Eggs'actly Farm Fresh Eggs, Over Easy, Scrambled, Omelets, or Upside Down Salubrious AU Rotisserie Chicken Sante Fe Red Potatoes Mixed Vegetables Pastabilities Enjoy one of our many pastas Pizza Chipotle Chicken The 820 Claremont Deli The Grill Corner BBQ Brisket on a Brioche Bun Crisscut Fries Yogurt Bar	Today's Fresh Soup Tomato Smoky Cheddar Tomato Basil Daily Special Balsamic Chicken on a French Roll Italian Herb Chips Eggs'actly Farm Fresh Eggs, Over Easy, Scrambled, Omelets, or Upside Down Salubrious Greek Spiced Rotisserie Chicken Greek Lemon Rice Roasted Zucchini Pastabilities Enjoy one of our many pastas Pizza Bald Eagle Pizza The 820 Claremont Deli The Grill Corner Grilled Cheese Sandwiches Fried Bologna & Swiss Sandwiches Onion Petals Yogurt Bar	Today's Fresh Soup Soup D'jour Daily Special Homemade Waffles Assorted Toppings Eggs'actly Farm Fresh Eggs, Over Easy, Scrambled, Omelets, or Upside Down Salubrious AU Rotisserie Chicken Baked Potatoes Honey Glazed Baby Carrots Pastabilities Enjoy one of our many pastas Pizza Fresh Baked Pepperoni and Cheese Pizza The 820 Claremont Deli The Grill Corner Homemade Pancakes Breakfast Bar
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Daily Special Pork Al Pastor Tacos Cilantro Lime Rice Salubrious Mediterranean Sole Greek Lemon Potatoes Greek Green Beans Pastabilities Enjoy one of our many pastas Pizza Fresh Baked Pepperoni and Cheese Pizza The 820 Claremont Deli The Grill Corner Breaded Chicken Filet Sandwich Crinkle Cut Fries	Today's Fresh Soup Chicken Noodle Daily Special Oven Fried Chicken Thighs Roasted Garlic Parmesan Risotto Strawberry Balsamic Salad Salubrious Blackened Salmon Filets Bayou Red Skin Potatoes Creole Spiked Green Beans Pastabilities Enjoy one of our many pastas Pizza Meat Lover's Pizza The 820 Claremont Deli The Grill Corner Gourmet Ham & Swiss Sandwich Curly Fries Yogurt Bar	Today's Fresh Soup Beef Vegetable Daily Special Chicken Shawarma Za'atar Roasted Vegetables Lemon Herb Couscous Harissa & Gyro Sauce Salubrious White Fish Portofina Steamed Baby Carrots Rosemary & Garlic Potatoes Pastabilities Enjoy one of our many pastas Pizza Cherry Crumb Pizza The 820 Claremont Deli The Grill Corner Grilled Teriyaki Pepper Steak with Yakisoba Noodles Yogurt Bar	Today's Fresh Soup Chicken & Rice Daily Special Chicken Parmesan Herb Roasted Garlic Pasta Garlic Breadsticks Salubrious Thai Grilled Chicken Thighs Coconut Rice Vegetable Stir Fry Pastabilities Enjoy one of our many pastas Pizza Fruit Pizza The 820 Claremont Deli The Grill Corner Philly Steak Sandwich Waffle Fries w/ Cheese Yogurt Bar	Today's Fresh Soup Loaded Baked Potato Daily Special French Onion Meatloaf Country Whipped Potatoes Julienne Vegetable Medley Salubrious BBQ Chicken Breast Baked Sweet Potatoes Sweet Corn Pastabilities Enjoy one of our many pastas Pizza Chipotle Chicken The 820 Claremont Deli The Grill Corner Steak Quesadillas Spicy Santa Fe Red Skin Potatoes Yogurt Bar	Today's Fresh Soup Tomato Smoky Cheddar Tomato Basil Specialty Grill Wrap Zone Salubrious Roasted Garlic Chicken Salt & Herb Crusted Potatoes Cauliflower and Broccoli Pastabilities Enjoy one of our many pastas Pizza Bald Eagle Pizza The 820 Claremont Deli The Grill Corner Patty Melt French Fries Yogurt Bar	Today's Fresh Soup Soup D'jour Specialty Grill Fried Chicken Dinner Salubrious Asian Rice Bowl Pastabilities Enjoy one of our many pastas Pizza Fresh Baked Pepperoni and Cheese Pizza The 820 Claremont Deli The Grill Corner Hamburgers & Cheeseburgers Mozzarella Sticks

Week 1