

ASHLAND
UNIVERSITY

MENU GAZETTE

Menu subject to change due to product availability | Dairy Free and Gluten Free served at Salubrious

Sunday, Oct. 11 thru Saturday, Oct. 17 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
CLOSED	Eggs to Order Sausage Gravy & Biscuits Quiche Lorraine Sausage Links Hashbrowns Oatmeal and Pancakes Breakfast Sandwiches	Eggs to Order Sausage Gravy & Biscuits Cheddar Jack & Sausage Quiche Sausage Patties Cheddar Rounds Oatmeal and Pancakes Breakfast Sandwiches	Eggs to Order Sausage Gravy & Biscuits Ham, Cheddar & Swiss Quiche Bacon Mini Potato Pancakes Oatmeal and Pancakes Breakfast Sandwiches	Eggs to Order Sausage Gravy & Biscuits Three Cheese Quiche Breakfast Ham Seasoned Hashbrown Cubes Oatmeal and Pancakes Breakfast Sandwiches	Eggs to Order Sausage Gravy & Biscuits Bacon & Cheddar Quiche Sausage Patties Potato Wedges Oatmeal and Pancakes Breakfast Sandwiches	Breakfast Bar 8:30 A.M.
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Daily Special Homemade Waffles with Assorted Toppings	Today's Fresh Soup Italian Wedding Daily Special General Tso's Chicken White Rice, Egg Rolls Sesame Broccoli Eggs'actly Farm Fresh Eggs, Over Easy, Scrambled, Omelets, or Upside Down Salubrious Carved Pit Ham Steamed Red Skin Potatoes Baby Carrots w/ Chives Pastabilities Enjoy one of our many pastas Pizza Fresh Baked Pepperoni and Cheese Pizza The 820 Claremont Deli The Grill Corner Breakfast Tacos Breakfast Bar	Today's Fresh Soup Chicken Chorizo Daily Special Meatloaf Country Whipped Potatoes Sweet Corn Eggs'actly Farm Fresh Eggs, Over Easy, Scrambled, Omelets, or Upside Down Salubrious AU Rotisserie Chicken Roasted Sweet Potatoes California Blend Vegetables Pastabilities Enjoy one of our many pastas Pizza Chicken Fajita Pizza The 820 Claremont Deli The Grill Corner Grilled Chicken Sandwich w/ Gouda Crinkle Cut Fries Yogurt Bar	Today's Fresh Soup Toscana Daily Special Chicken or Shrimp Caesar Salad Dinner Rolls Eggs'actly Farm Fresh Eggs, Over Easy, Scrambled, Omelets, or Upside Down Salubrious African Spiced Chicken Ginger Jasmine Rice Honey Glazed Carrots Pastabilities Enjoy one of our many pastas Pizza S'mores Pizza The 820 Claremont Deli The Grill Corner Philly Steak Sandwich Waffle Fries Yogurt Bar	Today's Fresh Soup Cheeseburger Chowder Daily Special Burritos Made Your Way Eggs'actly Farm Fresh Eggs, Over Easy, Scrambled, Omelets, or Upside Down Salubrious AU Rotisserie Chicken Bayou Red Skin Potatoes Steamed Cauliflower & Broccoli Pastabilities Enjoy one of our many pastas Pizza Holy Shiitake Pizza The 820 Claremont Deli The Grill Corner Chicken Stir-Fry Crab Rangoon Yogurt Bar	Today's Fresh Soup Tomato Smoky Cheddar Tomato Basil Daily Special Asian Rice Bowl Eggs'actly Farm Fresh Eggs, Over Easy, Scrambled, Omelets, or Upside Down Salubrious AU Rotisserie Chicken Salt & Vinegar Crispy Potatoes Steamed Peas Pastabilities Enjoy one of our many pastas Pizza Pretzel Poppers The 820 Claremont Deli The Grill Corner Grilled Cheese Sandwich Spinach & Artichoke Grilled Cheese Onion Petals Yogurt Bar	Today's Fresh Soup Soup D'jour Daily Special Homemade Waffles with Assorted Toppings Salubrious Greek Rice Bowl Pastabilities Enjoy one of our many pastas Pizza Fresh Baked Pepperoni and Cheese Pizza The 820 Claremont Deli The Grill Corner Homemade Pancakes Breakfast Bar
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Daily Special Chicken Noodle Bowl Peas & Carrots Salubrious Citrus Herb Baked Cod Tuscan Pork Loin Southwestern Rice Pilaf Pastabilities Enjoy one of our many pastas Pizza Fresh Baked Pepperoni and Cheese Pizza The 820 Claremont Deli The Grill Corner Hamburgers & Cheeseburgers French Fries	Today's Fresh Soup Italian Wedding Soup Daily Special Smoked Polish Sausage Grilled Pierogies w/ Onions Sauerkraut Applesauce Salubrious Pot Roast Red Skin Potatoes & Vegetables Pastabilities Enjoy one of our many pastas Pizza Fresh Baked Pepperoni and Cheese Pizza The 820 Claremont Deli The Grill Corner Cajun Chicken Tenders Dirty Rice Jalapeno Poppers Yogurt Bar	Today's Fresh Soup Chicken Chorizo Daily Special Chicken Bacon Wrap Salubrious Grilled Tuna Steaks AU Rotisserie Chicken Tuscan Rice Pilaf Green Beans w/ Julienne Carrots Pastabilities Enjoy one of our many pastas Pizza Fresh Baked Pepperoni and Cheese Pizza The 820 Claremont Deli The Grill Corner Sirloin Steak w/ Mushrooms & Onions Baked Potatoes Yogurt Bar	Today's Fresh Soup Toscana Daily Special Braised Beef Marsala Cheese Tortellini Salubrious Blackened Chicken Jambalaya Rice Creole Spiked Green Beans Pastabilities Enjoy one of our many pastas Pizza Fresh Baked Pepperoni and Cheese Pizza The 820 Claremont Deli The Grill Corner Pulled Pork Sandwiches Onion Rings Yogurt Bar	Today's Fresh Soup Cheeseburger Chowder Daily Special Kansas City Spareribs Baked Beans Coleslaw Pepper Jack Cornbread Salubrious AU Rotisserie Chicken Citrus Herb Baked Cod White Rice Mixed Vegetables Pastabilities Enjoy one of our many pastas Pizza Fresh Baked Pepperoni and Cheese Pizza The 820 Claremont Deli The Grill Corner Chicken Fillet Sandwich French Fries Yogurt Bar	Today's Fresh Soup Tomato Smoky Cheddar Tomato Basil Specialty Grill Wrap Zone Salubrious AU Rotisserie Chicken Baked Sweet Potato Key West Blend Vegetables Pastabilities Enjoy one of our many pastas Pizza Fresh Baked Pepperoni and Cheese Pizza The 820 Claremont Deli The Grill Corner Chicken Nuggets French Fries Yogurt Bar	Today's Fresh Soup Soup D'jour Specialty Grill Asian Rice Bowl Salubrious Citrus Rotisserie Chicken Parsiled Red Skin Potatoes Sweet Corn Pastabilities Enjoy one of our many pastas Pizza Fresh Baked Pepperoni and Cheese Pizza The 820 Claremont Deli The Grill Corner Hamburgers & Cheeseburgers Mozzarella Sticks