

ASHLAND
UNIVERSITY

MENU GAZETTE

Menu subject to change due to product availability | Dairy Free and Gluten Free served at Salubrious

Sunday, Oct. 4 thru Saturday, Oct. 10 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
CLOSED	Eggs to Order Sausage Gravy & Biscuits Quiche Lorraine Sausage Patties Cheddar Rounds Oatmeal and Pancakes Breakfast Sandwiches	Eggs to Order Sausage Gravy & Biscuits Cheddar Jack & Sausage Quiche Breakfast Ham Seasoned Cubed Hash Browns Oatmeal and Pancakes Breakfast Sandwiches	Eggs to Order Sausage Gravy & Biscuits Ham, Cheddar & Swiss Quiche Maple Sausage Links Potato Triangles Oatmeal and Pancakes Breakfast Sandwiches	Eggs To Order Sausage Gravy & Biscuits Three Cheese Quiche Chorizo Sausage Patties Hashbrowns Oatmeal and Pancakes Breakfast Sandwiches	Eggs to Order Sausage Gravy & Biscuits Bacon & Cheddar Quiche Sausage Links Potato Wedges Oatmeal and Pancakes Breakfast Sandwiches	Breakfast Bar 8:30 A.M.
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Daily Special Homemade Waffles Assorted Toppings Salubrious Brown Sugar & Honey Pit Ham Citrus Herb Baked Cod Herb Roasted Potatoes Julienne Vegetable Medley Pastabilities Enjoy one of our many pastas Pizza Fresh Baked Pepperoni and Cheese Pizza The 820 Claremont Deli The Grill Corner Cinnamon French Toast Breakfast Bar	Today's Fresh Soup Beef Noodle Daily Special Chicken Wings w/ Carrots & Celery Eggs'actly Farm Fresh Eggs, Over Easy, Scrambled, Omelets, or Upside Down Salubrious AU Rotisserie Chicken Parslied Red Skin Potatoes Steamed Carrot Balls Pastabilities Enjoy one of our many pastas Pizza Chicago Style Deep Dish The 820 Claremont Deli The Grill Corner Sweet & Savory Pork Chops Sweet Potato Tater Tots Cilantro Lime Rice Yogurt Bar	Today's Fresh Soup Broccoli & Cheese Noodle Daily Special South Side Roller Italian Garden Salad Eggs'actly Farm Fresh Eggs, Over Easy, Scrambled, Omelets, or Upside Down Salubrious AU Rotisserie Chicken Garlic Rice Steamed Broccoli Spears Pastabilities Enjoy one of our many pastas Pizza Mac & Cheese Pizza The 820 Claremont Deli The Grill Corner Ranch & Zest of Lime Chicken Sandwich Cheddar Jalapeño Poppers Yogurt Bar	Today's Fresh Soup Cream of Potato Daily Special BBQ Ranch Chicken Wrap or Salad Eggs'actly Farm Fresh Eggs, Over Easy, Scrambled, Omelets, or Upside Down Salubrious Lemon Pepper Rotisserie Chicken Ginger Jasmine Rice Balsamic Roasted Vegetables Pastabilities Enjoy one of our many pastas Pizza Cinna Pie Pizza The 820 Claremont Deli The Grill Corner Battered Cod & Shrimp Hush Puppies Steak Fries Yogurt Bar	Today's Fresh Soup Cactus Chili Daily Special Char Sui Bao Buns Chicken Fried Rice Eggs'actly Farm Fresh Eggs, Over Easy, Scrambled, Omelets, or Upside Down Salubrious Cajun Style Rotisserie Chicken Baked Sweet Potato Roasted Brussels Sprouts Pastabilities Enjoy one of our many pastas Pizza Taco Pizza The 820 Claremont Deli The Grill Corner Grilled Turkey Club w/ Gouda on an Asiago Bagel Lattice Potato Chips Yogurt Bar	Today's Fresh Soup Tomato Smoky Cheddar Tomato Basil Daily Special Picnic Menu Fried Chicken Hot Dogs Baked Beans & Potato Salad Eggs'actly Eggs Made to Order Salubrious New England Rotisserie Chicken Wild Rice Asian Asparagus & Shiitake Mushrooms Pastabilities Enjoy one of our many pastas Pizza Buffalo Style Chicken Pizza The 820 Claremont Deli The Grill Corner The Godfather Grilled Cheese Grilled Cheese Sandwiches Onion Petals Yogurt Bar	Today's Fresh Soup Soup D'Jour Daily Special Homemade Waffles Assorted Toppings Salubrious BBQ Chicken Quarters Herb Roasted Potatoes Julienne Vegetable Medley Pastabilities Enjoy one of our many pastas Pizza Fresh Baked Pepperoni and Cheese Pizza The 820 Claremont Deli The Grill Corner Homemade Pancakes Breakfast Bar
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Today's Fresh Soup Soup D'Jour Daily Special Traditional Turkey Dinner Salubrious AU Rotisserie Chicken Garlic Rice Broccoli and Cauliflower Sauté Pastabilities Enjoy one of our many pastas Pizza Fresh Baked Pepperoni and Cheese Pizza The 820 Claremont Deli The Grill Corner Chicken Philly Sandwich Shoestring Fries	Today's Fresh Soup Beef Noodle Daily Special Sundried Tomato Alfredo Tortellini w/ Grilled Sausage & Meatballs Cheese Stuffed Breadsticks Salubrious Garlic Chicken Breast Carved Tuna Loin Jasmine Rice Green Beans w/ Julienne Carrots Pastabilities Enjoy one of our many pastas Pizza Fresh Baked Pepperoni and Cheese Pizza The 820 Claremont Deli The Grill Corner Buffalo Chicken Quesadillas Curly Fries Yogurt Bar	Today's Fresh Soup Broccoli & Cheese Noodle Daily Special Korean BBQ Flank Steak Coconut Rice Mixed Vegetables Salubrious Greek Rotisserie Chicken Parslied Red Skin Potatoes Zucchini w/ Roasted Peppers and Mushrooms Pastabilities Enjoy one of our many pastas Pizza Fresh Baked Pepperoni and Cheese Pizza The 820 Claremont Deli The Grill Corner Fish Sandwich Crinkle Cut Fries Yogurt Bar	Today's Fresh Soup Cream of Potato Daily Special Mashed Potato Bowl Salubrious Caribbean Rice Bowl Pastabilities Enjoy one of our many pastas Pizza Fresh Baked Pepperoni and Cheese Pizza The 820 Claremont Deli The Grill Corner Build Your Own Beef Tips Spaetzle Yogurt Bar	Today's Fresh Soup Cactus Chili Daily Special Chicken Enchiladas Mexican Rice Corn Cakes Salubrious New England Rotisserie Chicken Red Skin Potatoes & Vegetables Pastabilities Enjoy one of our many pastas Pizza Fresh Baked Pepperoni and Cheese Pizza The 820 Claremont Deli The Grill Corner Gryos Steak Fries Yogurt Bar	Today's Fresh Soup Tomato Smoky Cheddar Tomato Basil Specialty Grill Wrap Zone Salubrious AU Rotisserie Chicken Baked Potatoes Cauliflower & Broccoli Pastabilities Enjoy one of our many pastas Pizza Fresh Baked Pepperoni and Cheese Pizza The 820 Claremont Deli The Grill Corner Hamburgers & Cheeseburgers French Fries Yogurt Bar	Today's Fresh Soup Soup D'Jour Specialty Grill Steakhouse Bar Salubrious BBQ Chicken Breast White Rice Steamed Broccoli Spears Pastabilities Enjoy one of our many pastas Pizza Fresh Baked Pepperoni and Cheese Pizza The 820 Claremont Deli The Grill Corner Breaded Chicken Fillet Sandwiches Shoestring Fries

Week 2