



ASHLAND UNIVERSITY

MENU GAZETTE

Menu subject to change due to product availability | Dairy Free, Seed Oil Free, and Gluten Free served at Salubrious

Sunday, Nov. 1 thru Saturday, Nov. 7 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	**BREAKFAST**	**BREAKFAST**	**BREAKFAST**	**BREAKFAST**	**BREAKFAST**	**BREAKFAST**
CLOSED	Eggs to Order Sausage Gravy & Biscuits Quiche Lorraine Sausage Patties Cheddar Rounds Oatmeal and Pancakes Breakfast Sandwiches	Eggs to Order Sausage Gravy & Biscuits Cheddar Jack & Sausage Quiche Breakfast Ham Seasoned Cubed Hash Browns Oatmeal and Pancakes Breakfast Sandwiches	Eggs to Order Sausage Gravy & Biscuits Ham, Cheddar & Swiss Quiche Maple Sausage Links Potato Triangles Oatmeal and Pancakes Breakfast Sandwiches	Eggs To Order Sausage Gravy & Biscuits Three Cheese Quiche Chorizo Sausage Patties Hashbrowns Oatmeal and Pancakes Breakfast Sandwiches	Eggs to Order Sausage Gravy & Biscuits Bacon & Cheddar Quiche Sausage Links Potato Wedges Oatmeal and Pancakes Breakfast Sandwiches	**Breakfast Bar** **8:30 A.M.**
LUNCH	**LUNCH**	**LUNCH**	**LUNCH**	**LUNCH**	**LUNCH**	**LUNCH**
Daily Special Homemade Waffles Assorted Toppings **Salubrious** Brown Sugar & Honey Pit Ham Citrus Herb Baked Cod Herb Roasted Potatoes Julienne Vegetable Medley **Pastabilities** *Enjoy one of our many pastas* **Pizza** Fresh Baked Pepperoni and Cheese Pizza **The 820 Claremont Deli** **The Grill Corner** Cinnamon French Toast **Breakfast Bar**	**Today's Fresh Soup** Beef Noodle **Daily Special** Chicken Wings w/ Carrots & Celery **Eggs'actly** Farm Fresh Eggs, Over Easy, Scrambled, Omelets, or Upside Down **Salubrious** AU Rotisserie Chicken Parslied Red Skin Potatoes Steamed Carrot Balls **Pastabilities** *Enjoy one of our many pastas* **Pizza** Supreme Sheet Pan **The 820 Claremont Deli** **The Grill Corner** Sweet & Savory Pork Chops Sweet Potato Tater Tots Cilantro Lime Rice **Yogurt Bar**	**Today's Fresh Soup** Broccoli & Cheese Noodle **Daily Special** South Side Roller Italian Garden Salad **Eggs'actly** Farm Fresh Eggs, Over Easy, Scrambled, Omelets, or Upside Down **Salubrious** AU Rotisserie Chicken Garlic Rice Steamed Broccoli Spears **Pastabilities** *Enjoy one of our many pastas* **Pizza** Mac & Cheese Pizza **The 820 Claremont Deli** **The Grill Corner** Ranch & Zest of Lime Chicken Sandwich Cheddar Jalapeño Poppers **Yogurt Bar**	**Today's Fresh Soup** Cream of Potato **Daily Special** BBQ Ranch Chicken Wrap or Salad **Eggs'actly** Farm Fresh Eggs, Over Easy, Scrambled, Omelets, or Upside Down **Salubrious** Lemon Pepper Rotisserie Chicken Ginger Jasmine Rice Balsamic Roasted Vegetables **Pastabilities** *Enjoy one of our many pastas* **Pizza** Cinna Pie Pizza **The 820 Claremont Deli** **The Grill Corner** Battered Cod & Shrimp Hush Puppies Steak Fries **Yogurt Bar**	**Today's Fresh Soup** Cactus Chili **Daily Special** Char Sui Bao Buns Chicken Fried Rice **Eggs'actly** Farm Fresh Eggs, Over Easy, Scrambled, Omelets, or Upside Down **Salubrious** Cajun Style Rotisserie Chicken Baked Sweet Potato Roasted Brussels Sprouts **Pastabilities** *Enjoy one of our many pastas* **Pizza** Taco Pizza **The 820 Claremont Deli** **The Grill Corner** Grilled Turkey Club w/ Gouda on an Asiago Bagel Lattice Potato Chips **Yogurt Bar**	**Today's Fresh Soup** Tomato Smoky Cheddar Tomato Basil **Daily Special** Fried Chicken Hot Dogs Baked Beans & Potato Salad Watermelon **Eggs'actly** Eggs Made to Order **Salubrious** New England Rotisserie Chicken Wild Rice Asian Asparagus & Shiitake Mushrooms **Pastabilities** *Enjoy one of our many pastas* **Pizza** Buffalo Style Chicken Pizza **The 820 Claremont Deli** **The Grill Corner** The Godfather Grilled Cheese Grilled Cheese Sandwiches Onion Petals **Yogurt Bar**	**Today's Fresh Soup** Soup D'Jour **Daily Special** Homemade Waffles Assorted Toppings **Salubrious** BBQ Chicken Quarters Herb Roasted Potatoes Julienne Vegetable Medley **Pastabilities** *Enjoy one of our many pastas* **Pizza** Fresh Baked Pepperoni and Cheese Pizza **The 820 Claremont Deli** **The Grill Corner** Homemade Pancakes **Breakfast Bar**
DINNER	**DINNER**	**DINNER**	**DINNER**	**DINNER**	**DINNER**	**DINNER**
Today's Fresh Soup Soup D'Jour **Daily Special** Traditional Turkey Dinner **Salubrious** AU Rotisserie Chicken Garlic Rice Broccoli and Cauliflower Sauté **Pastabilities** *Enjoy one of our many pastas* **Pizza** Fresh Baked Pepperoni and Cheese Pizza **The 820 Claremont Deli** **The Grill Corner** Chicken Philly Sandwich Shoestring Fries	**Today's Fresh Soup** Beef Noodle **Daily Special** Sundried Tomato Alfredo Tortellini w/ Grilled Sausage & Meatballs Cheese-Filled Breadsticks **Salubrious** Garlic Chicken Breast Lemon Pepper Cod Jasmine Rice Green Beans w/ Julienne Carrots **Pastabilities** *Enjoy one of our many pastas* **Pizza** Fresh Baked Pepperoni and Cheese Pizza **The 820 Claremont Deli** **The Grill Corner** Buffalo Chicken Quesadillas Curly Fries **Yogurt Bar**	**Today's Fresh Soup** Broccoli & Cheese Noodle **Daily Special** Korean BBQ Flank Steak Coconut Rice Mixed Vegetables **Salubrious** Greek Rotisserie Chicken Parslied Red Skin Potatoes Zucchini w/ Roasted Peppers and Mushrooms **Pastabilities** *Enjoy one of our many pastas* **Pizza** Fresh Baked Pepperoni and Cheese Pizza **The 820 Claremont Deli** **The Grill Corner** Fish Sandwich Crinkle Cut Fries **Yogurt Bar**	**Today's Fresh Soup** Cream of Potato **Daily Special** Chicken Enchiladas Mexican Rice Corn Cakes **Salubrious** Caribbean Rice Bowl **Pastabilities** *Enjoy one of our many pastas* **Pizza** Fresh Baked Pepperoni and Cheese Pizza **The 820 Claremont Deli** **The Grill Corner** Build Your Own Beef Tips Spaetzle **Yogurt Bar**	**Today's Fresh Soup** Cactus Chili **Daily Special** Mashed Potato Bowl **Salubrious** New England Rotisserie Chicken Red Skin Potatoes & Vegetables **Pastabilities** *Enjoy one of our many pastas* **Pizza** Fresh Baked Pepperoni and Cheese Pizza **The 820 Claremont Deli** **The Grill Corner** Gryos Steak Fries **Yogurt Bar**	**Today's Fresh Soup** Tomato Smoky Cheddar Tomato Basil **Specialty Grill** Wrap Zone **Salubrious** AU Rotisserie Chicken Baked Potatoes Cauliflower & Broccoli **Pastabilities** *Enjoy one of our many pastas* **Pizza** Fresh Baked Pepperoni and Cheese Pizza **The 820 Claremont Deli** **The Grill Corner** Hamburgers & Cheeseburgers French Fries **Yogurt Bar**	**Today's Fresh Soup** Soup D'Jour **Specialty Grill** Steakhouse Bar **Salubrious** BBQ Chicken Breast White Rice Steamed Broccoli Spears **Pastabilities** *Enjoy one of our many pastas* **Pizza** Fresh Baked Pepperoni and Cheese Pizza **The 820 Claremont Deli** **The Grill Corner** Breaded Chicken Fillet Sandwiches Shoestring Fries

Week 2




