



ASHLAND UNIVERSITY

MENU GAZETTE

Menu subject to change due to product availability | Dairy Free, Seed Oil Free, and Gluten Free served at Salubrious

Sunday, Nov. 15 thru Saturday, Nov. 21 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	**BREAKFAST**	**BREAKFAST**	**BREAKFAST**	**BREAKFAST**	**BREAKFAST**	**BREAKFAST**
CLOSED	Eggs to Order Sausage Gravy & Biscuits Quiche Lorraine Maple Sausage Links Tater Tots Oatmeal and Pancakes Breakfast Sandwiches	Eggs to Order Sausage Gravy & Biscuits Ham, Cheddar & Swiss Quiche Sausage Links Roundabouts Oatmeal and Pancakes Breakfast Sandwiches	Eggs to Order Sausage Gravy & Biscuits Three Cheese Quiche Hardwood Smoked Bacon Seasoned Cubed Hash Browns Oatmeal and Pancakes Breakfast Sandwiches	Eggs To Order Sausage Gravy & Biscuits Spinach, Bacon & Cheese Quiche Sausage Patties Tater Tots Oatmeal and Pancakes Breakfast Sandwiches	Eggs To Order Sausage Gravy & Biscuits Bacon & Cheddar Quiche Breakfast Ham Hashbrowns Oatmeal and Pancakes Breakfast Sandwiches	**Breakfast Bar** **8:30 A.M.**
LUNCH	**LUNCH**	**LUNCH**	**LUNCH**	**LUNCH**	**LUNCH**	**LUNCH**
Daily Special Homemade Waffles with Assorted Toppings **Eggs'actly** Farm Fresh Eggs, Over Easy, Scrambled, Omelets, or Upside Down **Salubrious** Lemon Pepper Swai Wild Rice Mediterranean Green Beens **Pastabilities** *Enjoy one of our many pastas* **Pizza** Fresh Baked Pepperoni and Cheese Pizza **The 820 Claremont Deli** **The Grill Corner** Cinnamon French Toast **Breakfast Bar**	**Today's Fresh Soup** Chili con Carne **Daily Special** Loaded Baked Potato **Eggs'actly** Farm Fresh Eggs, Over Easy, Scrambled, Omelets, or Upside Down **Salubrious** Italian Rotisserie Chicken Herbed Citrus Rice Pilaf Italian Blend Vegetables **Pastabilities** *Enjoy one of our many pastas* **Pizza** Greek Pizza **The 820 Claremont Deli** **The Grill Corner** Nashville Hot Chicken Sandwich Jo Jo Potatoes **Yogurt Bar**	**Today's Fresh Soup** Chicken & Dumpling **Daily Special** Sloppy Joes Macaroni & Cheese Corn Chips **Eggs'actly** Farm Fresh Eggs, Over Easy, Scrambled, Omelets, or Upside Down **Salubrious** Jamaican Rotisserie Chicken Salt & Vinegar Crispy Potatoes Caribbean Blend Vegetables **Pastabilities** *Enjoy one of our many pastas* **Pizza** Wood Grilled BBQ Chicken Pizza **The 820 Claremont Deli** **The Grill Corner** Asian Chicken Thighs Vegetable Fried Rice Pot Stickers **Yogurt Bar**	**Today's Fresh Soup** Cream of Potato Bacon **Daily Special** Greek Chicken Salad Pita Chips **Eggs'actly** Farm Fresh Eggs, Over Easy, Scrambled, Omelets, or Upside Down **Salubrious** AU Rotisserie Chicken Vegetable Stir Fry Coconut Ginger Rice **Pastabilities** *Enjoy one of our many pastas* **Pizza** Fruit Pizza **The 820 Claremont Deli** **The Grill Corner** Hamburgers & Cheeseburgers Crisscut Fries **Yogurt Bar**	**Today's Fresh Soup** Chicken Gnocchi **Daily Special** Mashed Potato Bowl **Eggs'actly** Farm Fresh Eggs, Over Easy, Scrambled, Omelets, or Upside Down **Salubrious** AU Rotisserie Chicken Roasted Sweet Potatoes Broccoli & Cauliflower **Pastabilities** *Enjoy one of our many pastas* **Pizza** Mac Daddy Pizza **The 820 Claremont Deli** **The Grill Corner** Grilled Chicken Fajitas Spanish Rice Lime-Tossed Tortilla Chips **Yogurt Bar**	**Today's Fresh Soup** Tomato Smoky Cheddar Tomato Basil **Daily Special** Burrito Bowl **Eggs'actly** Farm Fresh Eggs, Over Easy, Scrambled, Omelets, or Upside Down **Salubrious** AU Rotisserie Chicken Santa Fe Red Skins Chile Lime Green Beans **Pastabilities** *Enjoy one of our many pastas* **Pizza** Taco Pizza **The 820 Claremont Deli** **The Grill Corner** Grilled Cheese Chicken & Waffles Onion Petals **Yogurt Bar**	**Daily Special** Homemade Waffles with Assorted Toppings **Eggs'actly** Farm Fresh Eggs, Over Easy, Scrambled, Omelets, or Upside Down **Salubrious** Smoky Rotisserie Chicken Baked Potatoes Key West Blend Vegetables **Pastabilities** *Enjoy one of our many pastas* **Pizza** Fresh Baked Pepperoni and Cheese Pizza **The 820 Claremont Deli** **The Grill Corner** Homemade Pancakes **Breakfast Bar**
DINNER	**DINNER**	**DINNER**	**DINNER**	**DINNER**	**DINNER**	**DINNER**
Daily Special Build Your Own Tacos & Nachos **Salubrious** Honey & Brown Sugar Pit Ham Baked Potatoes Sweet Corn **Pastabilities** *Enjoy one of our many pastas* **Pizza** Fresh Baked Pepperoni and Cheese Pizza **The 820 Claremont Deli** **The Grill Corner** Breaded Chicken Filet Sandwiches French Fries	**Today's Fresh Soup** Chili con Carne **Daily Special** Chicken Wings **Salubrious** Smoky Rotisserie Chicken Parslied Potatoes Green Beans w/ Julienne Carrots **Pastabilities** *Enjoy one of our many pastas* **Pizza** Fresh Baked Pepperoni and Cheese Pizza **The 820 Claremont Deli** **The Grill Corner** Beef Bulgogi Cilantro Lime Rice Sesame Broccoli Kimchi Pickled Carrots & Cucumbers **Yogurt Bar**	**Today's Fresh Soup** Chicken & Dumpling **Daily Special** Butter Chicken Basmati Rice Naan **Salubrious** Herb Crusted Flank Steak Steamed Red Skin Potatoes Roasted Vegetable Medley **Pastabilities** *Enjoy one of our many pastas* **Pizza** Fresh Baked Pepperoni and Cheese Pizza **The 820 Claremont Deli** **The Grill Corner** Grilled Chicken Club Spiral Fries **Yogurt Bar**	**Today's Fresh Soup** Cream of Potato Bacon **Daily Special** Swiss Steak Whipped Mashed Potatoes w/ Asiago & Garlic Green Beans **Salubrious** Grilled Garlic & Herb Pork Loin Baked Potatoes Sautéed Zucchini & Yellow Squash **Pastabilities** *Enjoy one of our many pastas* **Pizza** Fresh Baked Pepperoni and Cheese Pizza **The 820 Claremont Deli** **The Grill Corner** General Tso's Chicken Jasmine Rice Broccoli Florets **Yogurt Bar**	**Today's Fresh Soup** Chicken Gnocchi **Daily Special** Meat or Cheese Lasagna Italian Blend Vegetables Garlic Breadsticks **Salubrious** Grilled Mahi Mahi Hawaiian Rotisserie Chicken Garlic Rice Key West Blend Vegetables **Pastabilities** *Enjoy one of our many pastas* **Pizza** Fresh Baked Pepperoni and Cheese Pizza **The 820 Claremont Deli** **The Grill Corner** Hot Honey Chicken Biscuit Sandwich Crisscut Fries **Yogurt Bar**	**Today's Fresh Soup** Tomato Smoky Cheddar Tomato Basil **Specialty Grill** Wrap Zone **Salubrious** BBQ Chicken Breasts Baked Sweet Potatoes California Blend Vegetables **Pastabilities** *Enjoy one of our many pastas* **Pizza** Fresh Baked Pepperoni and Cheese Pizza **The 820 Claremont Deli** **The Grill Corner** Orange Chicken Jasmine Rice	**Specialty Grill** Steakhouse Bar **Salubrious** New England Rotisserie Chicken White Rice Steamed Baby Carrots w/ Chives **Pastabilities** *Enjoy one of our many pastas* **Pizza** Fresh Baked Pepperoni and Cheese Pizza **The 820 Claremont Deli** **The Grill Corner** Hamburgers & Cheeseburgers Shoestring Fries

Week 4



